



Park Hotel & Spa
KATHARINA

MASSAGES – ENERGY AND BODY WORK

*Appointments can also be arranged directly with
Ms. Kathrin Stark +49 (0) 152 219 100 94*

Princess "from 1001 Nights"

60 min. 70 €

Revitalizing treatment from head to toe. Starting with a foot bath, Body & head energy treatment, then back to the feet with one final foot harmony.

Hawaiian massage Lomi Lomi Nui

70 min. 85 €

90 min. 115 €

4 hands Hawaiian massage Lomi Lomi Nui

60 min. 140 €

Long, flowing massage scabs combine with deep connective tissue massage, gentle joint loosening and dynamic energy work. It awakens joy of life and gives more liveliness.

Hot stone massage

75 min. 90 €

Full-body heat massage with volcanic stones to relax the muscles and release blockages. Heat flows through the whole body.

Ayurvedic massage

60 min. 70 €

Indian massage art at its finest. With sesame oil.

Foot reflexology harmony

40 min. 45 €

This treatment has a positive effect on the organ system and stimulates the Self-healing powers on.

Honey back massage

50 min. 65 €

Detoxification-Purification-Deacidification by means of a special massage technique, slag substances are pulled out of the tissue. The blood circulation is stimulated and the muscles relaxed.

Head-neck-leg-foot

50 min. 75 €

This treatment focuses specifically on the area of the shoulder, neck and head. They become conscious with targeted pull, pressure and strains Brought vibration. Partly it is also worked on the feet to ground the body.



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Relaxing massage

Full body and face

60 min 70 €

Massages - single or combined

head massage

neck massage

back massage

leg massage

Foot massage

per min 1.30 €

Bambus massage

Powerful massage with hot bamboo sticks.

40 min 50 €

Soap and brush massage

20 min 30 €

Other applications on request!

All applications subject to availability and prior booking. The terms and conditions apply.
Cancellation of the applications up to 24 hours before possible. Cancellations from 23 hours before the start of the application will be charged at 50% of the application cost.